



GET WISE ABOUT PORTION SIZE



Click here to enter text.

Healthy Living in Terenure 2014-2030

**Community Talk: Mon 3rd March 8pm
Presentation Primary School Hall by**

**Professor Donal O'Shea:
Our Action Against Obesity**

**Eimear Flannery:
Active Living for a Happy Heart**

**Janis Morrissey:
Heart-healthy Eating**



**Community FUN Walk 3pm Fri 7th
March, Bushy Park @ tennis courts
(approx 3km or 45 mins)**